

Eastern Idaho Chronic Disease Coalition

June 12, 2019

12:00 pm – 1:00 pm

EIPH
1250 Hollipark Drive, Idaho Falls

Attendees: James Corbett (EIPH), Jenna Orchard (EIPH), Leslee Blanch (U of I Bonneville Extension), Pam Rich (EIPH)

Minutes

Agenda item: December Meeting Recap **Presenter:** Jenna

Discussion:

The Diabetes, Heart Disease, and Stroke Program at EIPH is working on community outreach and promotion and clinical and community linkages until the end of June 2019.

The group came up with future community events and educational opportunities where the coalition and/or EIPH could get involved.

New data was presented, and both the statewide and district-wide prevalence of diabetes increased.

Agenda item: Diabetes, Heart Disease, and Stroke Program Updates **Presenter:** Jenna and James

Discussion:

Jenna shared a list of community events that EIPH has participated in from September 2018-present. Many of those events were focused on the 65+ population and also the Hispanic population.

Jenna shared updates on the blood pressure monitor loaner program that Steele Memorial Clinic in Salmon is implementing. We will know at the end of June if it was successful or not. This was the first time EIPH had worked with a clinic to accomplish something of this magnitude.

James shared updates on what will be happening during the 2019-2020 subgrant year. The year begins July 1st. Pam Rich will be taking over for Jenna as coordinator of the program. Jenna has taken a part-time position at EIPH in the Parents as Teachers program after having a baby. There will be a greater emphasis on individual health screenings like A1C, blood pressure, and other assessments. There will continue to be work with clinics and healthcare providers. The coalition will meet on a quarterly basis or as needed if planning an event.

Agenda item: Diabetes Alliance of Idaho Updates **Presenter:** Jenna

Discussion:

Jenna has been serving on the DAI Board since last fall. The reason this is relevant to the coalition is because we have the potential to eventually become a local chapter of the DAI. This will not happen until the DAI has secured other funding sources and 501(c) (3) status. In the past 6 months, the DAI has been working on increasing healthcare provider accessibility to information and resources. They have also created an official letter to give to potential and/or current partners describing who they are and what they do. It includes things like the mission, vision, history, and contact information.

Jenna mentioned having a similar one-page letter for the coalition to increase membership and camaraderie in the community. We went through a checklist of things we would need to include in the letter. See attached checklist.

Agenda item: Coalition Work 2018-2019

Presenter: Group

Discussion:

We reviewed the 2018-2019 Coalition Action Plan.

Overall Work Group Goal: Promote partnership to improve prevention, detection, and management of hypertension, prediabetes, and diabetes through education for patients, providers, and the public to improve the quality of life for our community.

Work Group Objectives: 1) Network and share resources, 2) review statewide and district data, 3) educate coalition members and the community

We were able to accomplish all of our objectives.

Moving forward, we discussed the coalition taking on a more active role in the community and getting more partners at the table. The idea of having our own health event in the fall was brought to the table as well as involving specific groups of people like dentists and ophthalmologists. We may even want to consider focusing our work on children and the prevention of diabetes. The group agreed that we need to have a clear goal in mind before we start reaching out to potential partners. This is where that one-page letter will be beneficial.

Agenda item: Resource Sharing and Networking

Presenter: Group

Discussion:

Ann – May 24th Community Family Clinic hosted a Diabetes Nutrition Class taught by Leslee Blanch. They had 13 people attend. They hope to do more of those classes in the future. The clinic also hosted their organization's Immigration Legal Services on June 3rd, and they had a full calendar. They will be returning to Idaho Falls periodically, and the dates will be announced well in advance. Ann is selling raffle tickets to raise funds for scholarships for college-bound Hispanic students. Every year, CC Idaho gives out 9 \$1,000 scholarships. There are great prizes! See flyer for details.

Morgan – EICAP hired a part-time person to help manage their evidence-based programs: Chronic Disease Self-Management and Diabetes Self-Management. She will be trained as a class leader in those programs by the end of June, so they are hoping to start having her co-teach some classes in July and August. EICAP needs help spreading the word about their services. They have funding available to help, so please call their office with any ideas. Also, with TRPTA closing their doors EICAP has a contract with En Route Transportation to provide seniors 60+ with up to 10 boardings/one way trips (5 round trips) per month to doctor's appointments, grocery shopping, etc.

Leslee – U of I Bonneville Extension has a new location over by the Sandy Downs Arena. Leslee continues to teach free or low-cost classes on various topics throughout the community. She is teaching a Mindfulness: Living with Intent and Purpose class at Apple Athletic Club this month. Once on June 19th and again on June 28th. Free for Apple members and \$5 for non-members. See flyer for details.

Pam – Pam is a dental hygienist for Eastern Idaho Public Health. She can provide oral screenings, fluoride varnish, and dental education for children. She will also be taking over as coordinator of the diabetes program.

Other Information

Next Meeting:

TBD